

The first step in understanding the power of decreeing is to know exactly what it means to Decree something.

Therefore we will begin with the definition of decree as stated the dictionary.

A Decree is:

An authoritative order having the force of law, To ordain, establish, or decide, A legally binding command or decision.

From the Sacred Transcripts of Authority:

You will decree a thing and it will be established for you and light will shine on your ways ([Job 22:28 NASB](#)).

Words satisfy the mind as much as fruit does the stomach; good talk is as gratifying as a good harvest. Words kill, words give life; they're either poison or fruit—you choose ([Proverbs 18:20-22 Message Bible](#))

A man's belly shall be satisfied with the fruit of his mouth; [and] with the increase of his lips shall he be filled. ([Proverbs 18:20 KJB](#))

Death and life [are] in the power of the tongue: and they that love it shall eat the fruit thereof([Proverbs 18:21 KJB](#))

And my tongue shall speak of thy righteousness [and] of praise all the day long ([Psa 35:28 KJB](#))

Thou shalt also decree a thing, and it shall be established unto thee: and the light shall shine upon thy ways ([Job 22:28 KJB](#))

The fact is everyone is continually decreeing even when unaware of what one is decreeing.

There is no higher source of reference than the Sacred Scriptures for anything even the topic of this discussion about The Power of Decrees. Because of this I personally cannot think of a better way or method of bringing to the light or understanding than the use of scriptures for this topic The Power of Decrees.

That which is being decreed can be either of a positive or negative nature. No one ever intentionally decrees pain, sorrow, suffering, disease or lack into their lives. It is the ignorance of not understanding the power of the word spoken or unspoken and the use of Name "I AM"

"The Call Compels the Answer!"

"Thou shalt also Decree a thing, and it shall be established unto thee. And the Light shall shine upon thy ways."

When we give Decrees, we use the Name of God: "I AM THAT I AM". This is the Name that God revealed when He spoke to Moses out of the Burning Bush. Jesus used the Power in the Name of God when He gave His well known affirmations, such as "I AM the Resurrection and the Life."

When we say "I AM" we are actually saying, "God in me is." And when we follow the Name "I AM" with positive statements, we are affirming God's Will in our lives. Decrees incorporate the Name of God as "I AM".

In other words, that Sacred Phrase, "I AM THAT I AM", known as the Tetragrammaton, means: The GOD WITHIN ME (the Individualized "I AM" Presence) is ONE WITH the UNIVERSAL ALL-PERVADING GOD that is EVERYWHERE (the Great "I AM").

And God said unto Moses, I AM THAT I AM: and he said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you ([Exd 3:14](#) KJB)

And God said moreover unto Moses, Thus shalt thou say unto the children of Israel, The LORD God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, hath sent me unto you: this [\[is\]](#) my name for ever, and this [\[is\]](#) my memorial unto all generations([Exd 3:15](#) KJB)

Thou shalt not take **the name** of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain([Exd 20:7](#) KJB) **Thou** always means **You** the **individual**.

If any man among you seem to be religious, and bridleth not his tongue, deceiveth his own heart, this man's religion [\[is\]](#) vain([Jam 1:26](#) KJB)

For in many things we offend all. If any man offend **not in word**, the same [is] a perfect man, [and] able also to bridle the whole body ([Jam 3:2](#) KJB)

Therewith bless we God, even the Father; and therewith curse we men, which are made after the similitude of God. [Jam 3:9](#)

To Bless means to invoke Divine favor to make Holy, To Honor, To confer Well-being and prosperity, to call for assistance, support and inspiration from a Higher Power than our own.

Out of the same mouth proceedeth blessing and cursing. My brethren, these things ought not so to be. [Jam 3:10](#)

To curse means to speak evil and misfortune of someone or something, to use profane words or phrases. To condemn by strong disapproval, to pronounce judgment against, to declare as unfit.

Who [is] a wise man and endued with knowledge among you? let him show out of a good conversation his works with meekness of wisdom. [Jam 3:13](#)

But the wisdom that is from above is first pure, then peaceable, gentle, [and] easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy. [Jam 3:17](#)

Hypocrisy: The practice of professing beliefs, feelings, or virtues that one does not hold or possess

Blessed [are] they which do hunger and thirst after righteousness: for they shall be filled [Mat 5:6](#) . Righteousness: the condition acceptable to God, approved of God, virtue, purity of life, correct thinking, feeling and action. Thirst: those eagerly seek to have their soul refreshed, renewed, supported, strengthened by God

Now with all this said lets again move on the Heart and Soul of this message. Which is of course the purpose to this book.

How to use the Power of Decrees

And these signs shall follow them that believe ; In my name shall they cast out devils; they shall speak with new tongues [Mar 16:17](#)

They shall take up serpents; and if they drink any deadly thing, it shall not hurt them; they shall lay hands on the sick, and they shall recover. [Mar 16:18](#)

The Name Christ means Immanuel—God in me.-- The name Jesus means the resurrection power. So very time anyone speaks the name Christ Jesus he is saying “ God in me is the resurrection power” or when spoken as Jesus Christ it is saying “ The resurrection power of God in me is”

Resurrection: means to restore to the original state, to change the appearance.

The now brings us to use of the Name of God “ I AM ”

Word of caution: Do Not ever make the mistake of under estimating the power of the word spoken aloud or silently within ones being. While the spoken word can be heard not only by yourself but by others as well. The silent word within is heard only by you. But still very powerful. In fact it is the silent words within that effect our lives the most. Not just one individual by the whole human race.

Without trying to go into the scientific evidence of how this works exactly. I will just say that it is very real and deals with what science has discovered to be the greatest discovery since the beginning of time. It is Quantum Physics. For decades we have been taught in school that the atom was the smallest particle and is of course not visible to the human eye. But has been demonstrated many times. The discovery made in the field of Quantum Physics is that everything is composed of One basic substance, this substance is called **CONSCIOUSNESS**. Consciousness exist in an Energy Field that vibrates at the level of what one is conscious of or aware of. Consciousness Itself is neither good nor evil it just is what it is **CONSCIOUSNESS**. Consciousness knows itself as “Being” or “I AM”. The name “I AM” simple means I exist. That which science is calling Consciousness the Scriptures call **GOD**. Genesis 1:1 In the beginning God – God Said Let there Be Light the Light appeared. All world scriptures tell us that God spoke the world into existence. How? By the power of Decree. God simple said Let there Be and there was.

Hebrews 11:3 Through faith we understand that the worlds were framed by the word of God, so that things which are seen were not made of things which do appear .

This same invisible Presence that no one can see is still in charge of this universe, the world and our lives both individually and collectively.

Pro 23:7 For as he [man] thinketh in his heart, so [is] he: Eat and drink , saith he to thee; but his heart [is] not with thee.

In scripture **Heart** unless other wise stated is not referring to the physical heart. But the spiritual Heart. The soul, [the self, the life, the creature, the person, the appetite, the mind, the desire, the emotion, the passion] **a)** that which breathes, the breathing substance or being, soul, the inner being of man **b)** living being (with life in the blood) **c)** the man himself, self, person or individual **d)** seat of the appetites **e)** seat of emotions and passions **f)** activity of mind **g)** activity of the will **h)** activity of the character. Consciousness of being of existence. The inner man what is found as within what level of consciousness or awareness.

Mar 7:18-23 And he saith unto them, Are ye so without understanding also? Do ye not perceive [understand], that whatsoever thing from without entereth into the man, [it] cannot defile him; Because it entereth not into his heart, but into the belly, and goeth out into the draught, purging all meats? And he said, That which cometh out of the man, that defileth the man. For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness: All these evil things come from within, and defile the man.

To become the observer of what in the heart of man look around you. The outer world is but the reflection of what is in the Heart of Mankind.

John 2:9-11 He that saith he is in the **Light**, and **hateth** his brother, is in darkness even until now. He that loveth his brother abideth in the light, and there is none occasion of stumbling in him. But he that **hateth** his brother is in **darkness**, and walketh in darkness, and knoweth not whither he goeth, because that darkness hath blinded his eyes

Light of truth and its knowledge, together with the spiritual purity associated with it c) that which is exposed to the view of all, openly, publicly d) reason, mind1) the power of understanding esp. moral and spiritual truth. **Darkness**: metaphor . used for ignorance of divine beingness of all people and things, the end result of this ignorance is misery.

Hate: to feel any type of hostility or animosity toward, to detest, to dislike,

There no man living or who has ever walked the face of this earth that does not use GOD'S Name. Every individual always refers to himself/herself as "I" or "I am".

With the knowledge now being brought to your attention the next step is for You the individual to watch how you are using The Divine Name of God the very essence of your being. Pay close attention to your inner conversation what you actually think and feel about not only yourself but your environment. Your present life circumstances. And pay attention to the words you speak out loud about yourself and others. For remember **Thou** shalt not take **the name** of the LORD thy God in vain; for the LORD will not hold him guiltless that taketh his name in vain. Taking Gods name in vain is so much more than just using profane speech.

Every time you say "I AM" your are saying God in me is. That which you say about yourself, others, the world and the environment you are either knowing or unknowingly bringing into existence that which you are speaking. Why because it is Power God The Power of Decree.

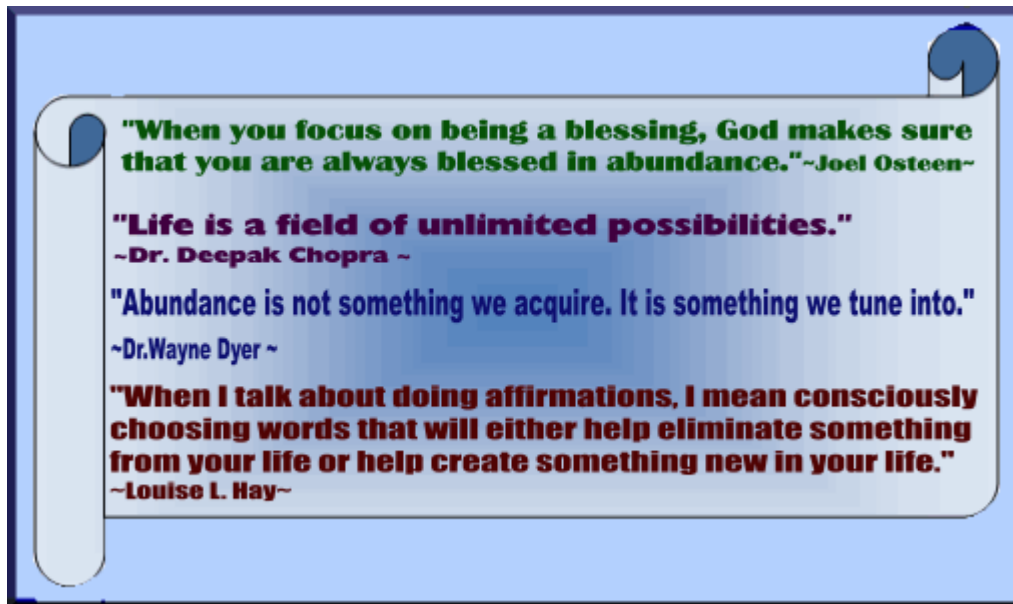
John 1:1-4 In the beginning was the Word [consciousness] and the word was with God, and the Word was God. The same was in the Beginning with God. All things were made by Him [God] and without him was not anything made that was made. In him was Life, and the Life was the Light of man.

It is time to shift the tide in our lives, time to quit asking our heavenly Father to do something He has already done in Christ. It is time to **decree, proclaim** and **declare** the things He has already completed at the Cross. That God has already come and made all things ready for mankind to have, to know and to receive. The Time is always NOW.

Decree means to give an official order with the power of legislation issued by a rule or person with authority. You are simply issuing a decree, legislating with an authority given to you by God Himself.

Proclaim is to announce something publicly or formally. You have to speak to announce. And to what public do we announce? In the case of spiritual decrees based on the Word, we are announcing to evil forces in high places, saying, "God's word has preeminence over what we see in the natural and demand it acquiesce to the spoken, living Word."

Declare is to begin a fierce campaign to get rid of something or start fighting in earnest for or against something. The word fierce should get our attention. Decreeing, proclaiming or declaring is not something we pick up and do once in a while. We do it till we see the answer, the fruit, if you will. We do it till we can pick up the juicy fruit of success and eat it, share it, fill the earth with it ([Gen 1:28](#)).



“You will decree a thing and it will be established for you and light will shine on your ways” (Job 22:2 NASB) “By faith we understand that the worlds were prepared by the word of God, so that what is seen was not made out of things which are visible” (Heb 11:3 NASB).

Words satisfy the mind as much as fruit does the stomach; good talk is as gratifying as a good harvest. Words kill, words give life; they’re either poison or fruit-you choose” (Proverbs 18:20-22 Message Bible)

These scriptures are the heart and soul of decreeing the Word of God. Declaring God’s Word counteracts the many words of death so often spoken without any realization of their power and the consequences born of said power.

Decree means to give an official order with the power of legislation issued by a rule or person with authority.

We are simply issuing a decree, legislating with an authority given to us by God Himself to bring about His already stated divine will.

Divine Will is to make an official order, pronouncement, or legal ruling to effect something.

When we speak His word which is already established in the heavens, we enforce it through verbal agreement. Our words become the bridge linking heaven and earth. Literally speaking, we bring Heaven to earth and when Heaven is loosed in lives or in the earth at large, things have to change.

Time and Effort

When asked how many times, how often, or how long one should decree. The simple answer is, “Until it is manifest or Holy Spirit speaks clearly and releases you.”

Decreeing, proclaiming or declaring is not something you pick up and do once in a while. You do it till You see the answer, the fruit, if you will. We do it till we can pick up the juicy fruit and bite into the ripeness of sweet success.

One caution I would give you is this; Do not be dismayed or be discouraged when decreeing starts to feel in any way as if you are doing it by rote. This is one of the biggest ploys of the enemy to get you off track, to stop you in your tracks. When we buy into this lie we begin to believe there is no power because we are just mouthing words. This is not possible seeing the Word has its own inherent power because it is living. No, we are not just mouthing words; we are releasing power no matter how it looks or feels. **Consistency is the key, not feelings.**

Remember

Remember, God's Word does not return void and He watches over His Word to perform it ([Isaiah 55:11](#) [Jeremiah 1:12](#)). In other words, it is His job to bring it to pass and your job to release the Word into your life by declaring, decreeing and proclaiming. The Word's power is not based on how we feel, think, or anything else, because it is living and is endowed with inherent power by God. The Power of Decreeing by the use of Words is not based on how we feel or even think. What a freeing principle this is, knowing we could never, ever do it right enough. All we have to do is speak in agreement and He performs it.

Reality of Life in the Earth Today and God's Remedy

You and I both know it is so very easy to speak negative words, focus on negative aspects, and believe everything will always be the same. At every turn we are bombarded with negative news and hopeless prognostications intended to rob our hope. We all know if we speak adverse words over someone's life long enough they will embrace those words as being who they are. As a result, death is created. The purpose, the beauty of who God says they are is robbed. This, if not corrected, goes on for generations to come, with increase. I am here to say there is a better way.

Decrees are always made in First Person Singular because no one can say "I AM" for another living being.

The scripture tells us God framed the worlds with His words and we are created in His image ([Heb 11:2-4](#) [Gen 1:27](#)). Since we are created in His image, He expects us to be like Him in what we say, thereby, framing our own world around us with our words too. Our saying will reshape our doing.

He has given us an abundance of building blocks in the Word and we can choose to use them or not, to speak life or not. Regardless of which we choose to do, speak life or speak death, the Word is clear. We will eat the fruit produced by our labors, our words.

Often times we needlessly wonder what God's will is, worrying more about the grand scheme of things, neglecting the very basic will of His Word.

God's Word is His will and you are brought into alignment with His will when you speak His Word. There is no other way. There are no shortcuts. However, there are incentives, promises and rewards to those who do not grow weary in doing good.

Do you speak your decree out loud

The answer is, "Yes!" And why?

Because everything The Creator God ever did was done with words. Reflect back over creation and remember how many times He said, "Let there be!" The word "spoke and speak" are used over 1400 times in the New King James Version. Obviously speaking has great relevance and power.

Everywhere you turn, people are spewing negative, critical words of death, totally unaware or unwilling to look at the consequences of their words. Much is done out of habits learned and taught in homes around the world. It is time for a change, time for a transformation to take place. It is time to be fruitful, multiply, take dominion and fill the earth with His glory, to fill the earth with His word. It is time for us to see our own personal lives transformed ([Gen 1:28](#)).

Transformations will come because speak His will, His living Word over our life, and will bring about change in the world around us, filling it with the manifestation of Christ. It must and will start with our life first. It all starts with you, with me.

Romans 12: 2 Be not conformed to this world ; ye transformed by renewing of your mind that you may prove what is that , acceptable, and perfect, Will of God.

The Challenge IS :

Are you willing to begin not to Use this awesome power to bring forth into your own life that which your Heart Desires. Or are you going to keep allowing the things of the world and appearances rule your life? How will you ever know unless you begin now to work with this awesome power and allow it work for you unless you do?

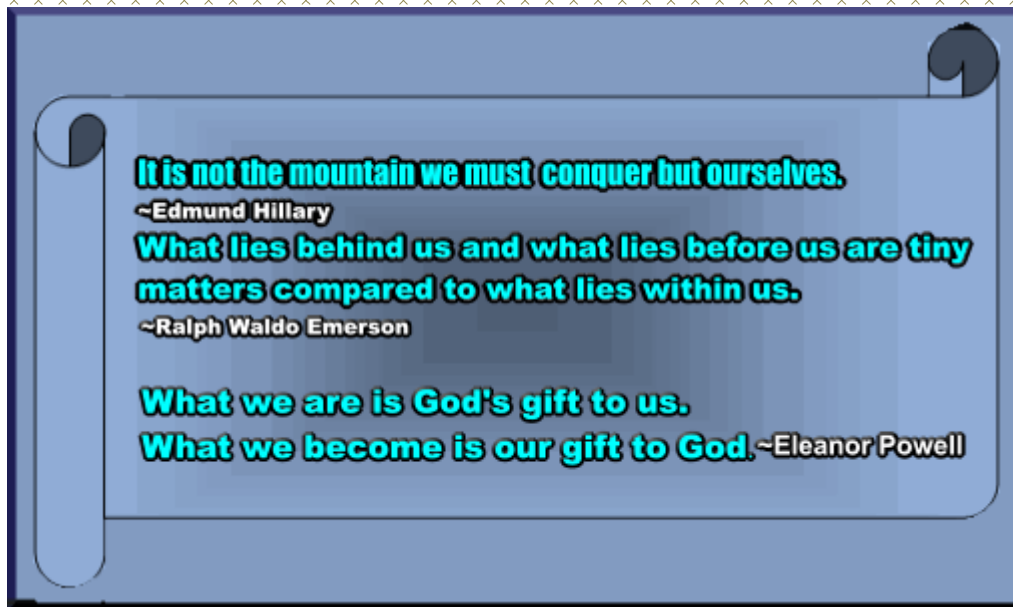
Science now tells us the earth is billions of years old.

Some facts and statics that we can use to assist us in our consciousness transformation.

- 1. It takes 21 days to establish a new habit or 3 weeks. 21 divided by 3 = 7 ----- Seven is the number of completion.**
- 2. Repetition -- It said that we must hear something at least 7 times for it actually penetrate our consciousness so that it becomes a fixed part ones memory.**

Think about it that is what commercial advertising is all about. The advertiser take a picture and ad some words and perhaps some music and play it over and over until the consumer actually feels the need to purchase the product even if at first they had no interest at all.

So do not allow yourself to become discouraged just because things do not appear to change over night. Keep in mind that you are not the one that created this power it already exist you are just using the Power of Decrees.



It is not the mountain we must conquer but ourselves.

~Edmund Hillary

What lies behind us and what lies before us are tiny matters compared to what lies within us.

~Ralph Waldo Emerson

What we are is God's gift to us.

What we become is our gift to God. ~Eleanor Powell

Lovely God Presence

Lovely God Presence, I AM in me,
Hear me now I do decree:
Bring to pass each blessing for which I call
Upon the Holy Christ Self of each and all!

Let There Be Light Round the world to make all whole
Saturate the earth and its people, too,
With increasing Christ-radiance shining through!

I AM this action from God above
Sustained by the hand of heaven's love,
Transmuting the causes of discord here,
Removing the cores so that none do fear.

I AM, I AM, I AM
The full power of Freedom's love
Raising all earth to heaven above
In living beauty is God's own light

Which right now and forever
Sets the world, myself, and all life
Eternally free in Ascended Master perfection!
Almighty I AM! Almighty I AM! Almighty I AM!

Remember: when making your Decrees always use first person singular as though it was already done.

There are nothing else to remember, nothing else to know because you are not creating this Power you are simply using it. The Principle is The more you use it the more you have to use. The more you use the greater your understanding and ability to use it for the Highest Good of all the earth.

Just like no one can ever exhaust Love Energy. The more Love that is given away the more is to give. This is the meaning of it is more blessed to give than to receive. Only let us be aware of what we are giving. The principle is as “It is done unto as you believe” Not what you say you believe but what is believed in one's heart. The very soul of man.

Using the Power of Decrees has nothing to do with any specific belief or nation or faith. It does however have to do with the power of the Word. The Word that is God, the Word that was God By which all things were made that are made. The word that is called Consciousness. It has to do with transforming the mind. No one can actually see his own mind. The mind is not the same as physical organs. The brain is not the mind it is the body's central nervous system. The mind is considered to be the source of intelligence.

When Medical science tells that someone is brain dead it means he is no longer conscious of his/her surroundings and the things of this world. Having no ability to communicate with anyone here. Not dead just unaware.

It is a mistake to think that no one can hear your thoughts or know what you are thinking. Because even though your inner most thoughts are invisible they are being communicated continuously through the atmosphere around you. Every cell in your body hears what you are saying all the time. Our family and friends also hear just not the way that we have perhaps thought in the past. Even the walls of your home have ears. It is not the purpose of this book to write about all the research and what has been discovered along these lines. It would take volumes to do that. If you are interested in learning more about this then.

There are two programs that I highly recommend that will assist you.

Using EFT gives you almost instant relief by removing emotional blocks that are holding you back.

One is called Emotional Freedom Techniques [EFT]

Watch the Movie

[Emotional Freedom Techniques Movie by Gary Craig](#)

[Emotional Freedom Techniques](#)

The other is called

[Think Right Now with Mike Brescia](#)

While there are many programs that work and are good these two when used together seem to produce faster results.

Preamble to Decrees

May all that is involved in Human speech be cleansed,
Our tongues and throats be washed with Light and blessed,
Our minds and hearts clear channels for the God's expression;
And that which we decree SHALL MANIFEST!

May consciousness hold strong in full awareness,
All inner turbulence be laid to rest,
All personal desire be bowed in joyful service;
And that which we decree SHALL MANIFEST!

May each accept his source within the heart of God,
And know that all who live are God expressed,
And know the power of the real shall have dominion;
And that which we decree SHALL MANIFEST!

In Love, in Power, and in Wisdom balanced,
May all the work be done with Truth its test,
Out picturing the Master's plan through this clear channel;
And that which we decree SHALL MANIFEST!

The Great Invocation

From the point of Light within the Mind of God
Let Light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let Love stream forth into the hearts of men.
May Christ return to Earth.

From the Centre where the Will of God is known
Let Purpose guide the little wills of men -
The Purpose which the Masters know and serve.

From the Centre which we call the Race of Men
Let the plan of Love and Light work out
And may it seal the door where evil dwells.
Let Light and Love and Power restore the Plan on Earth.

Affirmation of the Disciple

I am a Point of Light, within a Greater Light.
I am a Strand of Loving Energy, within the Stream of Love Divine.

I am a Point of Sacrificial Fire
Focused within the fiery Will of God
And thus I stand!

I am a Way by which men may achieve.
I am a Source of Strength, enabling them to stand.

I am a Beam of Light,
Shining upon their Way.
And thus I stand!

And standing thus, revolve;
And tread this way, the ways of men
And know the ways of God.
And thus I stand!

The Souls of Men

The Souls of men are one,
And I am one with them.
I seek to Love, not Hate;
I seek to Serve, and not exact due service;
I seek to Heal, not Hurt.

Let pain bring due reward of Light and Love.
Let the Soul control the outer form
And life and all events,
And bring to light the Love
That underlies the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
And outer cleavages be gone.
Let Love prevail.
Let all Souls Love.

Affirmation of Will

I am the Will that knows the way.
I am the Love that holds the line.
I am the Christ that lives in my heart.
I am the Whole of all my parts.
I am the Teacher and the Pupil.
I am the Seeker and the Sought.
I am the One and also the All.
I am You and Me and We.
We are All and We are One.
We are Separate and We are Not.
I live in You and You in Me.
Together we strive and reach and grow.
Until there is only God.

I Am the Light of God

I Am the Light of God that never fails.
I Am the rebirth of all into God.
I am the transmutation of all that has been misqualified in my world.

I am perfect Love
And in my Love, all that I am is Bathed, Healed, Reborn
In the Heart of God, I am the Heart of God.

I am the Love and Forgiveness of all that I have created.
I am Divine Gentleness
And in this Gentleness, all resistances will melt away.

I am a Child of the Light.
I am the perfect Child of God.
To that which doubts and resists
I give unyielding Love and unfaltering Forgiveness.

I am Divine Faith, which does not yield.
I am Divine Light, which does not fade.
I am Divine Wisdom, which does not wander from the Truth.
I am Divine Power, which does not know limitation.
I am Divine Harmony, which does not reject what is.

I Am Divine Love

**I am Divine Love, which has no blame.
I am Divine Forgiveness, which never turns away.
I am Divine Gratitude, which does not cling to misery.
I am Divine Reality, which does not wander from what is honest and true.**

**I Love all that is.
I am Pure Love.**

**I am the Victory of Love in my world.
I am the Victory of Wisdom in my world.
I am the Victory of Power in my world.
I am the Victory of God's Love, Wisdom, and Power
Over all that is less than God.**

Divine Opulence Abundance

I call for the Opulence of the Father's Light
To permeate my Soul,
And sound the Tone of the God Within
To ring the opposite pole
I Am the Light of the God Within
And the bubbling joy in me.
I know the peace that comes from Him
And feel His harmony.
I have the wisdom to be real
And the freedom to be free
With the Father's covenant I now seal
The power of victory.
I am grateful, Father, for opening the gates
So my love can flow again.
And for guiding me through the narrow straits,
To the heart of the God Within.

I Call Upon the God Within

I call upon the God within.
I call for the joy that I Am
To permeate all things -
My Consciousness,
My Being,
My World.

I have all of time.
A whole eternity exists in the Now,
And there just isn't any rush.
I have an abundance of time
And the opulence of God.

The Decree of Abundance

From The Light of God that I AM
From The Love of God that I AM
From the Power of God that I AM
From the Heart of God that I Am

I Decree-

**I do now dwell in the midst of Infinite Abundance. The Abundance of God IS my Infinite Source
I now open my mind to receive my Good. Nothing is too good to be true. Nothing is too wonderful to
happen, With God as my Source, my guide, my supply and support, nothing amazes me.**

I am not burdened by thoughts of past or future. One is gone. The other is not yet come.

**From this day forward I give freely and fearlessly all that I have into life and Life gives back to
magnificent increase of unlimited Good. Blessings come in expected and unexpected ways.**

I am Grateful and I let it be so now.

All of the Decree Affirmations listed you are free to use or create you own.

**The idea is to become conscious of the type of vibrational energy you are allowing to dwell in your
mind and body. The truth is if it is in your mind then it is also in your body. You cannot separate
your mind from you body.**

We can and do fellowship with one another and this is proper. But the Truth is No one can live life for anyone else. You cannot eat, sleep, talk, think, act , for anyone but yourself.

There you have it. Take this information and make use of it now. It will change your life forever.

No can keep decreeing “ I am sick “ and expect to experience health, or “ I am poor” “ I live on a limited income” and expect to have unlimited financial supply come into their lives.

James 1: 26 If any man among you seem to be religious and bridleth not his tongue, he deceiveth his own heart, this man’s religion his faith is in vain.

Learn to speak the words that make your Heart sing. Find that source of Peace and Joy within yourself. I will not come from the world you see but from within your soul your very being.

Who would you rather be around Happy people, those that appear to have a zest for Living or depressed complaining people?

You can speak the Word

My Joy does not depend upon the approval of others.

My Peace does not depend on the approval of others

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